

[View this email in your browser](#)



The Food Literacy Project

Join us for the 3rd Annual Gather for the Garden



Join us for an evening of good food, great company, and a shared commitment to youth, food, and farming at our 3rd Annual Gather for the Garden event! This year, the event will be at [TEN20 Craft Brewery Butchertown](#) located at 1020 E. Washington Street on Thursday, February 20th from 5:30 p.m. to 8 p.m. This special gathering brings together our incredible supporters, donors, and community partners to celebrate the impact we made in 2024. Enjoy delicious farm-fresh bites from Chef Jeff Dailey, Executive Chef at [Ashbourne Farms](#) (and our newest board member), craft beverages from TEN20 Brewery and music by Ryan Anderson all

Gather for the Garden 2025

THE *menu*

- Ashbourne Charcuterie, Local Cheese, Farm Crudite, Seasonal Fruit, Haymarket Dips & Spreads, Crostini, Lavash
- Beet Pickled Deviled Eggs, Dill, Pickled Mustard Seeds
- Berry Farm Roast Beef Sliders, Preserved Lemon Horseradish Sauce, KY Black BBQ Sauce, Martin's Potato Roll
- Chorizo Verde Tostada, Pickled Red Onion, Cotija, Lime Crema, Cilantro
- Haymarket Garlic Focaccia, Whipped Ricotta, Saba Vinegar, Farm Herbs
- Sesame Tofu Summer Rolls, Carrot Ginger Sauce
- Cookies & Cream Cheesecake · Banana Caramel Choux au Craquelin



Check out the mouth-watering menu for the evening created and prepared by Chef Jeff Dailey, Executive Chef at Ashbourne Farms

We'll also share exciting plans for 2025 and offer an opportunity to support the Food Literacy Project in our effort to raise **\$75,000** at this year's event.

Don't miss this opportunity to gather, connect, and grow with us! Tickets can be purchased by clicking [here](#).

Your support fuels hands-on experiences that support youth to activate their power to grow, cook, and share fresh food while transforming their communities. We can't wait to see you there!

Can't make it to the event this year? You can always donate to support the mission of The Food Literacy Project by clicking the link below!



Dig In: Now Hiring the Spring 2025 YCAP Crew



Are you or do you know a young person looking for a paid opportunity to gain hands-on experience in farming, cooking, and food justice while making a meaningful impact in their community? The Youth Community Agriculture Program (YCAP) is now accepting applications for Spring 2025 crew members and peer mentors!

YCAP is a 14-week employment opportunity designed to support young people to develop leadership skills, learn about sustainable agriculture, and engage with their community through food and farming. Whether it's planting and harvesting fresh vegetables, cooking nutritious meals, or leading farm tours, YCAP offers a unique chance to grow, both on the farm and as a leader in the community! YCAP crew members will earn \$15/hour, working 12-15 hours per week from March 5 - June 5.

For those looking to take on more responsibility in a leadership role, we're also hiring YCAP Peer Mentors! Peer Mentors will help guide new crew members, take on additional responsibilities in farm and vegetable production, and play a larger role in leading Field-to-Fork Clubs in local schools. Peer Mentors will work 15 hours per week and earn \$16/hour from February 26 - June 5.

This is more than just a job, it's an opportunity for youth to make a difference in our community, connect with others who care about local food and sustainability, and develop skills that will last a lifetime.

gabriella@foodliteracyproject.org



Farm, Learn, and Lead: Two New YCAP Specialist Roles

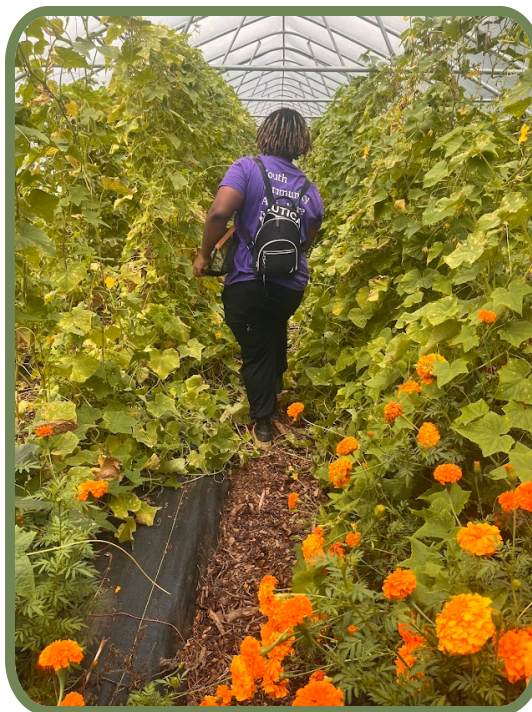
This year, we're excited to launch two brand-new specialist roles within the Youth Community Agriculture Program (YCAP) : the Food Access Specialist and the Communications Specialist.

These positions provide YCAP alumni and experienced crew members with an opportunity to deepen their leadership, expand their skills, and take on key roles in shaping our food justice work.

The Food Access Specialist will help increase farm production, coordinate produce distribution, and ensure that fresh, locally grown food reaches more community members and partner sites. This role is perfect for those passionate about farming, sustainability, and food access. [Learn more & apply here.](#)

The Communications Specialist will focus on storytelling and outreach, creating content that highlights YCAP's impact. From crafting social media posts to documenting what going on at the farm, this role will help amplify youth voices and connect with the broader community. [Learn more & apply here.](#)

to see the incredible work these new specialists will accomplish!



Welcoming Our Newest Community Partner: Cabbage Patch Settlement House



community partner! With a legacy dating back to 1910, Cabbage Patch has been a cornerstone of youth and family empowerment in Louisville, providing educational, recreational, and social services to support lifelong success. Their commitment to empowering youth and nurturing strong, resilient families compliments our mission at the Food Literacy Project making this partnership a natural and exciting fit!

To kick off this collaboration, we recently hosted our first Family Cooking Day of 2025 at Cabbage Patch, and what a day it was! Families came together to prepare and enjoy a delicious, farm-fresh meal featuring hearty potato soup, a crisp salad with homemade honey mustard dressing, and black bean brownies for dessert. Through hands-on cooking, participants explored fresh ingredients, learned new culinary skills, and experienced the power of food as a tool for connection and nourishment.

Beyond the meal, this event was about building community by bringing families, youth, and Food Literacy Project staff together to share stories, laughter, and togetherness. It was a powerful reminder of how food can create spaces where everyone belongs.

We are grateful for Cabbage Patch's partnership and can't wait for more shared experiences ahead! If you haven't yet, we encourage you to check out the incredible work they're doing to empower local families. Visit their [website](#) and [social media](#) to learn more, and stay tuned for our next Family Cooking Night! Try making our recipe below for Black Bean Brownies and tag our social media with the picture!



Black Bean Brownies

Ingredients

- 1 can of black beans
- 3 eggs
- 3 Tbsp vegetable oil
- 1/4 cup cocoa powder
- pinch of salt
- 1 tsp vanilla extract
- 3/4 cup white sugar
- 1/2 cup chocolate chips



Method

1. Preheat your oven to 350F. Spray a 8x8 baking pan with nonstick spray.
2. Combine all ingredients except chocolate chips in a blender and process until smooth.
3. Pour the mixture into the pan and bake for about 30 minutes, or until a toothpick inserted in the center comes out clean. Enjoy!



Dreams Taking Root: Arabella "Amaranth" Launches Food Stories



Join us in celebrating Arabella "Amaranth" as she steps into her new, expanded role at the Food Literacy Project! Arabella has been a dedicated and passionate leader in our work, and we are thrilled to announce her new position as the School and Community Programs Manager. This role will allow the Food Literacy Project to deepen connections with more schools, families, and community partners while continuing to bring engaging, hands-on, meaningful experiences to youth in our community. Congratulations Arabella!

With support from the YCAP crew and the Food Literacy Project team, Arabella will continue leading Field-to-Fork Clubs, guiding young people as they grow, cook, and share fresh food, while also expanding our reach through additional programming such as Family Cooking Nights. These programs create invaluable opportunities for families to cook together, learn new skills, and build relationships through food and community.

As part of this expanded programming, our team has launched a brand-new program: Food Stories, an idea Arabella has been dreaming about since she joined

activities to share their experiences and perspectives. Food Stories will give young people a platform to express and strengthen their voices, celebrate their identities, and engage with their communities in new and meaningful ways.

We can't wait to see the creativity, passion, and impact that this expanded and new programming will ignite among young people as they experience the power of food, farming and storytelling. If you are a school, community program coordinator, or teacher interested in Food Stories or another program with The Food Literacy Project, please reach out to Arabella at arabella@foodliteracyproject.org and click the buttons below to find out more!

Food Stories

Field-to-Fork Club

Family Cooking Nights

Grow with Us: Volunteer at the Farm!

Are you looking for opportunities to volunteer with the Food Literacy Project?

We are always in need of volunteers - stay tuned for Spring volunteer activities at the farm, with Field-to-Fork Club and more!

[Click here](#) to fill out our volunteer form!

The Food Literacy Project invites young people to leverage their power to cultivate health, justice, and sovereignty through a sustainable community food system.

This work is only possible with contributed support from our community.



Subscribe	Past Issues		Translate ▼	RSS
Louisville, Ky 40220				
Want to change how you receive these emails? You can update your preferences or unsubscribe from this list .				