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The Food Literacy Project

Field-to-Fork Club experiences expand in the winter season



While winter is normally a period of rest on the farm, the Food Literacy Project Program Team has been hard at work providing a few special Field-to-Fork experiences during the cold, dark months.

Cooking Together: Soup Series has been a rousing success! In partnership with [Change Today](#), [Change Tomorrow](#) and [Dare To Care Community Kitchen](#), this five-week series is meant to get families cooking together in the kitchen. Each week focuses on a different soup and starch combo from around the world - Italian wedding soup, flatbread pizzas, and curry are just a few of the dishes we have made together!

Stay tuned for more Cooking Together series on the horizon. We will have more



Field-to-Fork Club also has a new, innovative look at Bloom and Kenwood Elementary Schools. These clubs offer students a chance in school to learn about healthy eating choices and cooking your own meals. The club features a strong emphasis on cooking now, with more of a focus on gardening and tending to plants as the weather begins to warm. Just wait until school gardens begin sprouting! The pantry staples used in the recipes are generously provided by [Rainbow Blossom](#), and we could not have our true Field-to-Fork experience without them.

Spring time will bring even more traditional Field-to-Fork Club sessions while we build out the Cooking Together series. Thank you to all of our community partners, including JCPS, for making these clubs possible!



Recipes

YCAP expands into the winter season



For the first time ever, the Youth Community Agriculture Program has expanded to include a winter session. The crew has been hard at work on the question "How can we support and encourage community members to grow their own food?"

This session includes a lot of research and behind-the-scenes work, but the crew has enjoyed getting their hands dirty by keeping the high tunnels at the Shawnee People's Garden producing. They also plug into program leadership positions, like Mark "Mycelium" in the photo above. Field-to-Fork Club members love hearing from real life farmers - the crew!

By the end of the winter session, YCAP members will have planned and implemented a project to address their main question. We will share the fruits of their labor and hope that you continue to support their efforts on and off of the farm!

Support our work virtually through an online auction!



The Food Literacy Project is proud to present the second annual Gather for the Garden fundraising event, hosted on Thursday, February 22nd at West Sixth Nulu. **Though tickets are sold out, you can support the event in several different ways.**

The first is by visiting [West Sixth Nulu](#) during the month of February and purchasing a tasting flight. You'll receive a \$1 wooden token that you can donate back to the Food Literacy Project. **And even if you can't make it to the event itself on Feb. 22nd, 6% of all proceeds from that day will benefit us as well.** Enjoy a night with friends while you support food justice!

WEST SIXTH
NuLu

FOR A CAUSE

THE FLP PROJECT



817 E Market St.

Visit West Sixth NuLu during the month of February and purchase a tasting flight - you'll get a wooden nickel that you can donate back to FLP!

On top of the generosity from West Sixth NuLu, you can support us from the comfort of your home while bidding on our online auction items. [The auction kicks off now](#), so you can get a head start on finding the items that speak to you. With a variety of goods from local businesses and experience partners, we hope that you bid on something that you enjoy!

Thank you to Legacy Louisville for donating your time for the auction. Below is a list of our other event and partner sponsors. Please click [this link](#) if you are still interested in becoming a sponsor - it's not too late!

HOMESTEAD (\$2,500)



FLOWERPOT (\$500)



Your name could be here!

GARDEN BED (\$1,000)



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Bid on the auction

The Food Literacy Project invites young people to leverage their power to cultivate health, justice, and sovereignty through a sustainable community food system.

This work is only possible with contributed support from our community.



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