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The Food Literacy Project

Autumn brings new opportunities for the Youth Community Agriculture Program crew



As summer rolls into autumn, the YCAP crew continues to farm on and cultivate change. In early September, the crew hosted their own panel at the first-ever People's Summit on Urban Agriculture. They shared their stories and their vision for a future where individuals don't have to rely on corporations for their fresh food. Stay tuned to our [YouTube](#) and other social media channels, where we will soon have video highlights of the conference.



When not presenting at conferences, the crew remains hard at work tending to the Shawnee People's Garden and sharing the harvest with neighbors. Every Thursday between 4:30-6:30, neighbors are welcome to stop outside of 409 Northwestern Parkway for free veggies from the crew. They are excited to meet new faces!

The bounty from the People's Garden now tops 1,500 pounds! If you have shared in the bounty, please feel free to let us know what you made with it on social media and tag us on [Instagram](#) or [Facebook](#).



Finally, the crew is proud to announce Healing Week next week. From October 3rd-6th, join the crew at the People's Garden from 4:30-6:30 for self-care workshops and activities planned and implemented by crew members. From mindfulness to art therapy, there is something for everyone. There will even be a Kid's Corner for the youngest members of the family to express themselves with games and crafts.

To learn more and RSVP, see our [Facebook event](#). The crew can't wait to lead you in a week of healing!

RSVP HERE

4:30-6:30 PM
409 Northwestern Pkwy

Brought to you by the Youth Community Agriculture Program crew

Healing Week will showcase resources for youth in the West End and offer activities centered around holistic healing in a beautiful green space. There will be opportunities to get your hands dirty and to care for yourself and the earth while building community and connecting with neighbors and the crew of the Youth Community Agriculture Program.

3rd
Mindfulness

5th
Art Therapy



4th
Heal Your Inner Child



6th
Field-to-Fork:
Harvest & Cook



Please park at the golf course and enter the Shawnee People's Garden from Northwestern Parkway. All you have to bring is yourself and an open mind! Questions? Email info@foodliteracyproject.org.

Want to get more involved? Become a volunteer!



Volunteer tasks come in sizes big and small, from planting flowers to helping move equipment from one site to another. We have a variety of tasks and needs throughout the year that we share with a special volunteer list.

You'll get an email once monthly with opportunities from us and our partner organizations. We hope to see you on the farm soon!

Thank you for a successful Give For Good Louisville!



Together, we raised almost \$50,000 on Give For Good! We could not have done this without the help of our peer-to-peer fundraisers, our friends, and our supporters. Special thank you to [Taylor Blvd Save-a-Lot](#) for your continued generosity at this special time of year!

The Food Literacy Project invites young people to leverage their power to cultivate health, justice, and sovereignty through a sustainable community food system.

This work is only possible with contributed support from our community.



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