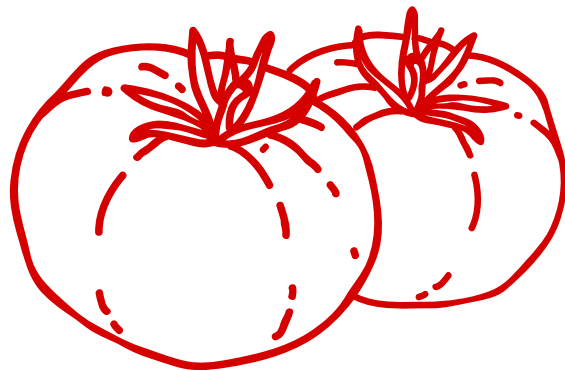
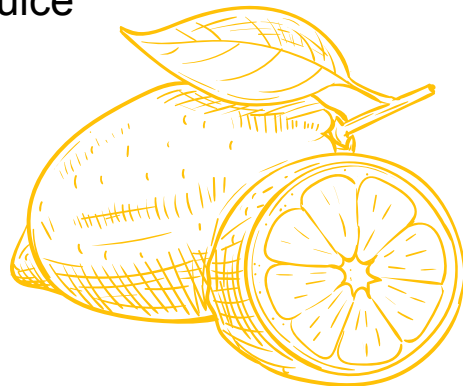


Tabouli Salad

by Sarab from Syria

Ingredients

- 3 bunches of parsley
- 1 cup chopped mint
- 1/4 cup bulger, cooked
- 1 chopped firm tomato
- 1/2 chopped onion
- 1/2 cup olive oil
- 1/4 cup lemon juice
- salt



Method

1. Chop parsley and mint and set aside.
2. In a large bowl, mix Bulgur, chopped tomatoes, chopped onions/scallions with lemon juice, salt .
3. Add to them the parsley and mint and olive oil and mix, adjusting seasoning by adding more oil and lemon if desired.



““ This recipe is important to my country and it is considered one of the most famous salad their, most people eat it for losing their weight and you can eat it in any time you want it too easy to make it. I like to eat it because it has a delicious taste, and it always reminder me in my country. ””