

COMPOST RELAY RACE!

Compost - the rich stuff we can add to our soil to help our plants grow! What makes compost? Three ingredients: **greens**, **browns**, and our **natural elements** (soil, water, and air)! In this relay race, test your skills! Find out if you are a professional compost-maker!

STEP 1 Cut out the compost ingredient pictures below & attached and mix them up!

STEP 2 Find a space to play. Invite a family member to play, or play solo.

STEP 3 Mark the beginning and end of your relay space - put your cut-out pictures on the ground at one end of the space and a hula hoop, tape, or bucket at the other end.

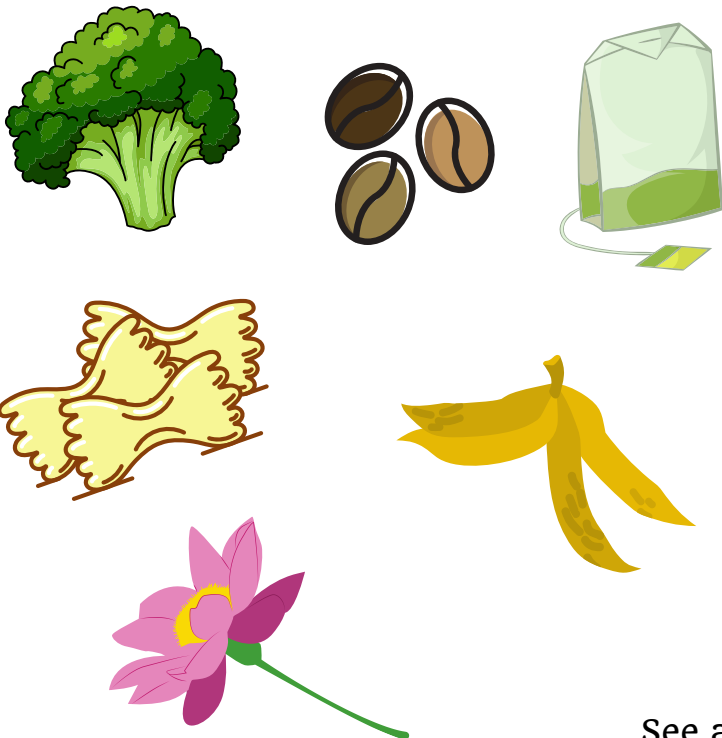
STEP 4 If you are playing with someone else, split into 2 teams. If you're playing solo, get a timer ready! Start where you placed the compost ingredient pictures.

STEP 5 On your mark, get set, go! Pick up one ingredient picture from the pile and run with it to the other end as fast as you can. Whoever creates a compost pile first wins (a pile = one green, one brown, and one natural ingredient)! Remember not to include any "trash" items! If you are playing solo, see how fast you can go! Can you beat your best time?

Food for thought: What should you put in your compost pile at home to start it up? Why is composting important for the environment?

CUT OUT THE PICTURES BELOW

Greens (Wet fruit, veggie, and food scraps - They're not always "green" in color!)



Browns (Dry scraps with lots of carbon!)

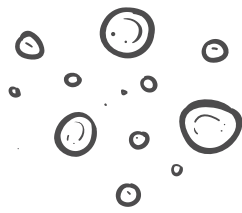


See attached page for more items to cut out!



Natural Elements

Air



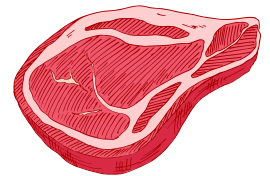
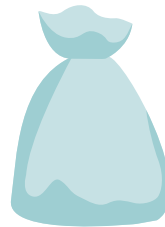
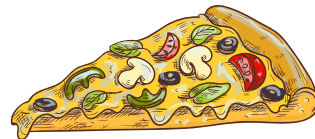
Soil



Water/
rain

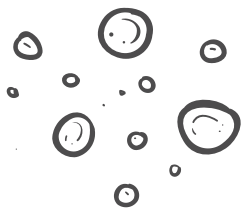
"Trash" or Recycle Items

(Scraps with dairy, meat, fat, metal, plastic, or other materials that don't break down quickly)



Natural Elements

Air



Soil



Water/
rain

"Trash" or Recycle Items

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